

Sudan High School Lunch Menu

Fruit and vegetables offered daily.



23 29 29 29 20 20 20 20 20 20 20 20 20 20 20 20 20						
Fresh Fruit Choice of Milk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Chicken and Cheese Quesadilla Hard Shell Beef Tacos Refried Beans Cherry Tomatoes Diced Peaches Fresh Fruit Choice of Milk 12 13 14 15 Cookout Fresh Fruit Choice of Milk Breaded Cheese Sticks Marinara Sauce Crispy Chicken Sandwich Steamed Green Beans Red Pepper Strips Mixed Fruit Choice of Milk Breaded Cheese Sticks Marinara Sauce Dinner Roil Choice of Milk 12 13 14 15 Cookout Hodge Fresh Fruit Choice of Milk Breaded Cheese Sticks Marinara Sauce Beef Nachos Spiced Prints Beans Cucumber Silces Mixed Fruit Fresh Fruit Choice of Milk Presh Fruit	28	29	30	Homemade Pepperoni Pizza Classic Cheeseburger Steamed Corn Cucumber Slices Applesauce Fresh Fruit	2 No School	
Chicken and Cheese Quesadilla Hard Shell Beet Tacos Refried Beans Cherry Tomatoes Diced Peaches Fresh Fruit Choice of Milk 12 13 14 15 Cookout Hotdog Chiese Sticks Marinara Sauce Breaded Cheese Sticks Marinara Sauce Baby Carrots Diner Roll Fresh Fruit Choice of Milk 15 Cookout Hotdog Chiese Sticks Marinara Sauce Breaded Cheese Sticks Breaded Cheese Sticks Marinara Sauce Breaded Cheese Sticks Breaded Cheese Sticks Breaded Cheese Sticks Breaded Cheese Sticks Cheepoper Stipis Breaded Cheese Sticks Breaded Cheese Sticks Cheepoper Stipis Breaded Cheese Sticks Breaded Cheese Sticks Cheepoper Stipis Breaded Cheese Sticks Cheep	5	6 HOM - Pineapple	7	8	9 No School	
Italian Pasta Bake Garlic Breadstick Crispy Chicken Nuggets Dinner Roll Color Dog Crispy Chicken Nuggets Presh Fruit Choice of Milk Crispy Chicken Sandwich Steamed Carrots Celery Sticks Fresh Fruit Choice of Milk Color Dog Crispy Chicken Nuggets Dinner Roll Crispy Chicken Sandwich Steamed Carrots Celery Sticks Pineapple Tidbits Fresh Fruit Choice of Milk Choice of Milk Crispy Chicken Sandwich Steamed Carrots Celery Sticks Pineapple Tidbits Fresh Fruit Choice of Milk Choice of Milk Choice of Milk Crispy Chicken Sandwich Steamed Carrots Celery Sticks Pineapple Tidbits Fresh Fruit Choice of Milk Choice of Milk Choice of Milk Crispy Chicken Sandwich Steamed Green Beans Rob Red Pepper Strips Presh Fruit Choice of Milk	Quesadilla Hard Shell Beef Tacos Refried Beans Cherry Tomatoes Diced Peaches Fresh Fruit	Breaded Cheese Sticks Marinara Sauce Crispy Chicken Nuggets Dinner Roll Steamed Broccoli Baby Carrots Pineapple Tidbits Fresh Fruit	Garlic Breadstick Crispy Chicken Sandwich Steamed Green Beans Red Pepper Strips Mixed Fruit Fresh Fruit	Classic Cheeseburger Steamed Corn Cherry Tomatoes Applesauce Fresh Fruit		
Garlis Breadstick Chilis Greadstick Dinner Roll California Blend Vegetable Celery Sticks Diced Peaches Fresh Fruit Choice of Milk Done Roll Corn Dog Dinner Roll Corn Dog Dinner Roll Corn Dog Dinner Roll Corn Dog Dinner Roll Corn Fresh Fruit Choice of Milk Diced Peaches Diced Peaches Dinner Roll French Fries Baby Carrots Dinner Roll French Fries Baby Carrots Dinner Roll Fresh Fruit Choice of Milk Diced Peaches Fresh Fruit Choice of Milk	12	13	14	15 Cookout	16 No School	
Corn Dog Crispy Chicken Nuggets Dinner Roll French Fries Baby Carrots Diced Peaches Fresh Fruit Choice of Milk Pork Quesadilla Beef Tacos Garlic Breadstick Crispy Chicken Sandwich Steamed Green Beans Red Pepper Strips Pineapple Tidbits Fresh Fruit Choice of Milk Pulled Pork Sandwich Homemade Pepperoni Pizza Baked Beans, Vegetarian Baby Carrots Applesauce Fresh Fruit Choice of Milk Pulled Pork Sandwich Homemade Pepperoni Pizza Baked Beans, Vegetarian Baby Carrots Applesauce Fresh Fruit Choice of Milk Pulled Pork Sandwich Homemade Pepperoni Pizza Baked Beans, Vegetarian Baby Carrots Applesauce Fresh Fruit Choice of Milk	Garlic Breadstick Crispy Chicken Nuggets Dinner Roll California Blend Vegetable Celery Sticks Diced Peaches Fresh Fruit	Marinara Sauce Beef Nachos Spiced Pinto Beans Cucumber Slices Mixed Fruit Fresh Fruit	Seasoned Brown Rice Crispy Chicken Sandwich Steamed Carrots Celery Sticks Pineapple Tidbits Fresh Fruit	Chili Baked Beans, Vegetarian Baby Carrots Fresh Watermelon Chunks		
Crispy Chicken Nuggets Dinner Roll French Fries Baby Carrots Diced Peaches Fresh Fruit Choice of Milk Beef Tacos Refried Beans Cherry Tomatoes Mixed Fruit Fresh Fruit Choice of Milk Beef Tacos Refried Beans Crispy Chicken Sandwich Steamed Green Beans Red Pepper Strips Pineapple Tidbits Fresh Fruit Choice of Milk Red Pepper Strips Pineapple Tidbits Fresh Fruit Choice of Milk Red Pepper Strips Pineapple Tidbits Fresh Fruit Choice of Milk Red Pepper Strips Pineapple Tidbits Fresh Fruit Choice of Milk Red Pepper Strips Applesauce Fresh Fruit Choice of Milk Red Pepper Strips Applesauce Fresh Fruit Choice of Milk Red Pepper Strips Applesauce Fresh Fruit Choice of Milk	19	20	21	22 United Tastes of America	23 No School	
26 No School 27 No School 28 No School 29 No School 30 No School	Crispy Chicken Nuggets Dinner Roll French Fries Baby Carrots Diced Peaches Fresh Fruit	Beef Tacos Refried Beans Cherry Tomatoes Mixed Fruit Fresh Fruit	Garlic Breadstick Crispy Chicken Sandwich Steamed Green Beans Red Pepper Strips Pineapple Tidbits Fresh Fruit	Homemade Pepperoni Pizza Baked Beans, Vegetarian Baby Carrots Applesauce Fresh Fruit		
	26 No School	27 No School	28 No School	29 No School	30 No School	

Student Adult

PRICES

Free \$4.40

Choice of Milk: 1% White or Chocolate For questions please contact: Tonya Draper- Food Service Director tonyadraper@sudanisd.net



Menus and nutrition our app Taher Food4Life®



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